



relationships with others.

Policy Owner	Principal of College	Review Date:	July 25
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PSHCE and RSE involves a combination of sharing information and exploring issues and values.

PSHCE and RSE is not about the promotion of sexual activity.

#### 4. Delivery of PSHCE and RSE

All planning and delivery of the PSHCE and RSE curriculum is personalised to meet the individual needs of each learner, both current needs and anticipated future needs. We aim to maximise each learner's potential across all curriculum areas in consultation with parents and carers, ensuring they have a clear understanding of the curriculum that will be delivered and the way in which it is delivered to their young person.

Learners are supported to know themselves and their personal barriers, develop strategies that allow for growth in confidence, to recognise self-worth and to have a sense of belonging. The intent of the PSHE curriculum is to provide psychoeducation that will support lifelong emotional and mental well-being and for our learners to understand the

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